



Testimonials & Endorsements

Exodus Cry actively works globally to provide freedom and healing to those exploited through pornography, prostitution, and trafficking. Below are a series of testimonials from those who have been deeply impacted by our work.

Testimonials from Exodus Cry's Trauma Therapy Recipients:

In 2021, we provided 300+ hours of professional, specialized trauma therapy to 22 child and adult sex trafficking and exploitation survivors, many of whom were victims of image-based abuse which was widely distributed on Pornhub. Some of the survivors being supported via therapy are currently suing Pornhub/MindGeek.

"It's such a huge difference where I'm at now compared to before the article came out... I have spoken to a lot of therapists/counselors and never felt like any of them really cared about what I was saying—until I started talking to my new therapist. She is freaking amazing... She has by far helped me the most. Speaking to her each week and knowing there is someone out there with compassion, based on an educated understanding, really helps me get through my days..."

-Serena, child sex trafficking survivor exploited on Pornhub

"This is the best therapy I've ever had. I feel truly understood and in control of my recovery, and like I'm being treated as a whole person, not just a traumatic event." -Brook, child sex trafficking survivor exploited on Pornhub

"The sessions have been life-changing for me. The therapist has been so patient and understanding. I used to struggle with anxiety, panic attacks, shame, ruminating and self-loathing. The therapist has helped me to understand why I did certain actions in the past, and this has helped me to forgive myself and move forward." -Alice, survivor of exploitation on Pornhub

"When I used to attempt therapy in the past all of my symptoms would almost be used against me... This therapy has taught me that my symptoms and coping mechanisms all started for a reason and the sessions have helped me feel empowered and more compassionate towards myself.... Thank you so much for providing these sessions. It really is making an incredible impact on my life and I finally feel heard and understood. The therapy has been extremely helpful and I am so grateful for all of the help you, Exodus Cry, and the therapist has provided for me. I never thought I would have the opportunity to share my story and actually start the process of healing from everything I've been through and it really means a lot having a team of people truly care about making sure I get the care that is needed for me to stop living in survival mode and start thriving." -Rita, survivor of exploitation on Pornhub



After the first three months of therapy, clients saw an average of:

- 37% decrease in anxiety
- 51% decrease in depression
- 37% decrease in self-harm
- 39% decrease in suicidal thoughts
- 28% decrease in substance-based coping

Testimonials from Outreach

Our international outreach—largely around major sporting events—has happened in Russia, South Africa, Brazil, Mexico, and throughout the United States. Our outreach efforts have led to major breakthroughs for law enforcement, such as when our team uncovered and helped dismantle a Nigerian trafficking ring in Moscow during the 2018 World Cup.

Exodus Cry continues to conduct weekly outreaches in Kansas City, offering Hope bags and practical resources to women being trafficked and exploited on the streets, in strip clubs, and online. The end goal is always to help them fully exit a life of exploitation in the sex industry so they can rebuild beautiful, healthy new lives.

Over the years, we have reached 4200+ exploited women & children in 12 countries. In 2021, we provided 346 exploited women with trauma-informed therapy.

"I can't say this about many people but I mean it when I say you saved my life. When I graduate from the program I'd love to help women in the same way you are." -Millie, trafficking survivor

"I went to a lot of therapy over the years. It wasn't a good experience for me until I started meeting with three amazing women from Exodus Cry: Kezia (my therapist), Helen Kim (my social worker), and Helen Taylor (my art teacher and Exodus Cry's VP of Impact). I felt safe there, and that I could truly trust them. I could laugh with them. These were heartfelt relationships with personable, compassionate women—a stark contrast from the cold, analyzing and critique-laden therapy sessions I had experienced in the past. That's when I began healing from all of this. Today, I am a healthy and joyful person. I'm living proof that healing from extreme trauma is possible! It's taken so much time and a lot of learning to get here. I now know that there are people who really care what happens to others." -Stephani, trafficking survivor (To read Stephani's full story, [click here.](#))

"I want to thank God for the second chance, for the opportunity to live again. God used you to transform my life." -Destiny, child trafficking survivor trafficked from Nigeria to Moscow

Testimonials from Our Films

Nefarious: Merchant of Souls

"Nefarious was very instrumental in me founding a non-profit, anti-trafficking organization, In His Image Justice Coalition (IHIJC). It gave such a good overview of human trafficking,

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and how it looks different in different places around the world. The part about how Sweden has virtually eliminated human trafficking really stuck with me, and I continually have been asking over the past 7 years, why this model isn't being duplicated. IHJIC has decided its focus for 2022 will be to establish a pilot program targeting buyers. We are now engaging with police departments and legislators to this end.” -Judi Worgess

“As a Canadian Member of Parliament who has worked for over a decade to combat modern day slavery in Canada, I want to take this opportunity to personally thank you for your relentless efforts to effect change. Over the years I have appreciated your work to launch Exodus Cry and produce Nefarious. Over the past few years, Canadians have been wrestling with our prostitution laws. Your film was very helpful in revealing the dangers of legalizing prostitution... In 2012, I was honoured to host a screening of Nefarious on Parliament Hill for Senators and Members of Parliament. Now, as of last December, Canada has adopted an approach similar to Sweden and Norway. This message is one that must continue to be shared in every country. Keep up the great work!” -Joy Smith, Member of Canadian Parliament

“I have struggled with using pornography and prostitutes for 12 or so years now. It has been a constant temptation and I have never been able to kick it. Not until I watched Nefarious. That movie broke my heart... I haven't touched porn or prostitution since I saw that documentary. You guys are changing the world and I'm proud to support you.” -Exodus Cry Donor

Liberated: The New Sexual Revolution

*“I want to tell you all how incredible [Liberated] has been for me...As a woman who has experienced sexual assault, I can tell you just how crucial this documentary is...My roommates and I decided to throw it on in the background while we hung out. Fifteen minutes in, I was obsessed and made everyone sit down and watch with me...In a culture that differs so intensely between sexual expectations and modest values, this film is a powerful look into the truth behind growing up in America...Thank you so much for creating this film...Keep telling our truth.”
-Anonymous, College Student*

“This [film] could change everything about our culture.” -Anonymous, College Student

Raised on Porn

“I'm a registered nurse in a Child/Adolescent Psychiatric Emergency Room. I see firsthand the effects of porn on the developing mind. The movie was so spot on. It should be shown in many forums to get this incredibly important information out there.” -Dawn E.

“The crisis of what is happening to our children and the effects of pornography have been ignored for too long. Everyone in our over-connected world needs this sobering reality check, and be shown that, despite where sexuality has taken many of us, there is hope for healing.” -Clint Gresham, Author, Speaker, Super Bowl Champion

“Really well made and informative documentary. Such a scary world we live in and I don't think a lot of parents even realize what's happening with their kids. As someone who has a lot of trauma

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associated with porn (in the context of marriage), this was a must watch. Thank you for making it!"
–@whiterose1980, Youtube review

Endorsements

"Exodus Cry is the most effective organization in existence that is fighting against human trafficking on a global scale." -Dr. Caroline Heldman, Executive Director of The Representation Project, Author, Occidental College Professor

"For years I have been impressed with how Exodus Cry tells the hard truth about the reality of sexual exploitation. In the face of continued opposition, it stands as a strong and leading transformative force in the fight for change, built on truth. As a survivor, I cannot imagine a world without Exodus Cry, not only as a personal supporter and community but also for the generations to come." -Christina Rangel, trafficking survivor leader, founder of United Justice

"I have continued to be impressed with Exodus Cry and its deep sense of mission, clear vision, powerful and compelling filmmaking, and unique, rare approach to anti-trafficking work. Its work is courageous and compassionate, and its messaging is cutting edge in the field and needs to be supported to reach as many people in the world as possible." -Harvey Schwartz, Ph.D., Clinical Psychologist

"I support the work of Exodus Cry, an organization that shares the goal of abolishing prostitution, along with Prostitution Research & Education. We also share the understanding that abolishing prostitution is necessary in order to end sex trafficking. Exodus Cry's focus on creating films and social media content is especially important in today's world. I have appreciated the opportunity to work with Benjamin Nolot and Helen Taylor, and look forward to continuing to do that." -Melissa Farley, Ph.D., Executive Director, Prostitution Research & Education

"Exodus Cry is among the most strategic thinkers in this movement! From the beginning, its leadership has boldly confronted the roots of sexual harm, including pornography, sex buyers, objectification, prostitution, and more. It is unwilling to retreat from proclaiming the truth despite the opposition hurled at the organization, or the reticence of the general public to listen. Its persistence, passion, and hope has paid off as we are seeing great damage to the sexual exploitation industry largely thanks to Exodus Cry's work." -Dawn Hawkins, CEO of National Center on Sexual Exploitation

"Exodus Cry has been at the top of our list of global anti-trafficking organizations for the last 15 years. Through its bold and courageous films and campaigns, it has been unsurpassed in building awareness, and far better than that in enlisting hundreds of thousands to join the fight against human trafficking. How much do we believe in what they do? We are monthly supporters." -Bridget and Don Brewster, Founders of Agape International Missions (AIM)

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